

March 2026

Take care not to perform righteous acts to be seen... your Father Who sees in secret will repay you. (Matthew 6:1-18)

***One does not live on bread alone, but on every word that comes from the mouth of God.
You shall not put the Lord your God to the test.***

The Lord your God shall you worship and Him only shall you serve. (Matthew 4: 1-11)

This is my beloved Son, with whom I am well pleased, listen to Him. (Matthew 17: 1-9)

If you knew the gift of God...He would have given you living water.

The hour is coming when true worshipers will worship the Father in Spirit and truth. (John 4: 5-42)

Do you believe in the Son of Man? You have seen Him. I do believe, Lord. (John 9: 1-41)

Did I not tell you that if you believe you will see the glory of God?

Lazarus, come out! Untie him and let him go. (John 11: 1-45)

Hosanna to the Son of David. Blessed is He who comes in the name of the Lord. (Matthew 21: 1-11)

Truly this was the Son of God. (Passion-Matthew 26: 14-27:66)

(The following words of St. Clare could be a repeated simple meditative prayer each of Lent)

I behold the Lord. I see His outstretched hands.

I see the blood from His wounds. I see the love in the eyes of Jesus.

I see His gracious acceptance of me.

Jesus has come out of the tomb.

He still has the scars, but now they are glorious, with the glory of heaven.

Still looking at the Lord, I reach out and touch Him.

I hold the Lord – and I am held in His love.

Love enfolds.

It is no longer I that live, but Christ that lives in me.

I am secure in the Lord.

I can look out, now, through the Lord's eyes.

I can see the world as He created it, in His mercy,

I can see my sisters and brothers with His love,

***and I can worship the Father through the eyes of the Son
in the Love of the Holy Spirit.***

Amen.

(Letter of St. Clare to St. Agnes of Prague)

- 1 - Prayer is the best weapon we possess, the key that opens the heart of God.”
- 2 -In all the events of life, you must recognize the Divine will. Adore and bless it, especially in the things which are the hardest for you.
- 3 - Pray, hope, and don't worry. Worry is useless. God is merciful and will hear your prayer.
- 4 - You must speak to Jesus not only with your lips but with your heart; actually, on certain occasions, you should speak with only your heart.
- 5 - The rosary is the weapon for these times...Prayer is the oxygen of the soul.
- 6 - If we only knew how God regards this Sacrifice, we would risk our lives to be present at a single Mass.
- 7 - God is served only when He is served according to His will.
- 8 - Faith guides even through dark moments.
- 9 - Have courage and do not fear the assaults of the Devil.
- 10 - Always humble yourself lovingly before God and man, because God speaks to those who are truly humble of heart.
- 11 - My past, O Lord, I entrust to Your mercy; my present, to Your love; my future, to Your providence.
- 12 - Walk in the way of the Lord with simplicity and do not torment your spirit.
- 13 - Hold on tightly to the Rosary. Be very grateful to the Madonna because it was she who gave us Jesus.
- 14 - Love is the first ingredient in the relief of suffering.
- 15 - Charity is the measure by which our Lord judges all things.
- 16 - You must not be discouraged or let yourself become dejected if your actions have not succeeded as perfectly as you intended.
- 17 - The greater your sufferings, the greater will be God's love for you.
- 18 - Love and fear must go united together, fear without love becomes cowardice, love without fear becomes presumption.
- 19 - God's love takes on the character of a father's and a mother's love together.
- 20 - It is difficult to become a saint, difficult but not impossible.
- 21 - The cross will never oppress you; its weight might cause you to stagger, but its strength will sustain you.
- 22 - Joy, with peace, is the sister of charity. Serve the Lord with laughter.
- 23 - Ahead! Courage! In the spiritual life, he who does not advance goes backward.
- 24 - The longer the trial to which God subjects you, the greater the goodness in comforting you during the time of trial.
- 25 - You complain because the same trials are constantly returning. But look here, what have you to fear?
- 26 - Trials are nothing else but the forge that purifies the soul of all its imperfections.
- 27 - The more you are afflicted, the more you ought to rejoice, because in the fire of tribulation the soul will become pure gold.
- 28 - Do not be afraid; I am with you always...God will never permit anything to happen to us that is not for our greater good.
- 29 - The Lord sometimes makes you feel the weight of the cross. Although the weight seems intolerable, you are able to carry it, because the Lord, in His love and mercy, extends a hand to help you.”

- 30 - The Lord takes delight in His faithful ones...Remember that God loves you very much.
31 - Stay with me, Lord, for it is necessary to have You present so that I do not forget You.

The 24 Hours of the Passion of Our Lord Jesus Christ First Hour

***A pious devotion for Lent is to remember the last twenty-four hours of Jesus from His farewell to His Mother Mary to His Burial in the Tomb.
A way of celebrating these 24 hours each day is by reciting the list as a litany.
After mentioning the hour and moment in the Passion recite:***

Have on me, O Lord. Have mercy. We adore you most holy Lord Jesus Christ and we bless you because by Your Holy Cross you have redeemed the world. My Jesus mercy

- From 5 to 6 PM Jesus takes leave of His Most Holy Mother Mary.
- From 6 to 7 PM Jesus departs from His Most Holy Mother and sets out for the Cenacle to celebrate Passover
- From 7 to 8 PM The Legal Supper (The Passover Supper with the Apostles)
- From 8 to 9 PM The Eucharistic Supper (Bread and Wine become Body and Blood at Word of Jesus)
- From 9 to 10 PM First Hour of Agony in the Garden of Gethsemane
- From 10 to 11 PM Second Hour of Agony in the Garden of Gethsemane
- From 11 PM to Midnight Third Hour of Agony in the Garden of Gethsemane
- From Midnight to 1 AM Jesus is arrested
- From 1 to 2 AM to the House of High Priest, and treated roughly on the way, Jesus falls into the Cedron stream.
- From 2 to 3 AM Jesus is presented to Annas
- From 3 to 4 AM Jesus in the house of Caiphas
- From 4 to 5 AM Jesus at the mercy of the soldiers
- From 5 to 6 AM Jesus in prison
- From 6 to 7 AM Jesus before Caiphas again, who confirms His condemnation to death and sends Him to Pilate
- From 7 to 8 AM Jesus before Pilate. Pilate sends Him to Herod
- From 8 to 9 AM Jesus is brought back to Pilate and placed after Barabbas. Jesus is scourged
- From 9 to 10AM Jesus is crowned with thorns, presented to the people as "Ecce Homo!" and condemned to death
- From 10 to 11AM Jesus takes up His Cross and walks toward Calvary, where He is stripped
- From 11 AM to 12 PM Jesus is crucified
- From 12 to 1 PM First Hour of Agony on the Cross. The first word of Jesus
1st - *Father Forgive them. They do not know what they are doing*
- From 1 to 2 PM Second Hour of Agony on the Cross. Second, third and fourth word of Jesus
2nd - *Amen, I say to you, Today you will be with me in Paradise*
3rd - *Woman, behold your Son; Son behold your Mother.*
4th - *My God, my God, why have you forsaken me?*

- From 2 to 3 PM Third Hour of Agony on the Cross. Fifth, sixth and seventh word of Jesus. The death of Jesus

5th - *I Thirst.*

6th - *It is consummated.*

7th - *Father, into Your hands I commend my spirit.*

- From 3 to 4 PM Jesus' lifeless body pierced by a lance, taken down from the Cross, placed in Mary's arms

- From 4 to 5 PM The burial of Jesus. Most Holy Desolate Mary

After the pious remembrance of the 24 hours leading to the burial and death of Jesus, recite a prayer to the Desolate Mother. This too is a very old practice. In many areas remembering the Sorrows of Mary places us with her at the Cross:

Our mother of sorrows, with strength from above you stood by the cross, sharing in the sufferings of Jesus,
and with tender care you bore him in your arms, mourning and weeping.
We praise you for your faith, which accepted the life God planned for you.
We praise you for your hope, which trusted that God would do great things in you.
We praise you for your love in bearing with Jesus the sorrows of his passion.
Holy Mary, may we follow your example, and stand by all your children who need comfort and love.
Mother of God, stand by us in our trials and care for us in our many needs.
Pray for us now and at the hour of our death.
Amen!

Pray for us, O Virgin most sorrowful
That we may be worthy of the promises of Christ

Let us Pray

Let intercession be made for us, we beg You, O Lord Jesus Christ, now and at the hour of our death, before the throne of Your mercy, by the Blessed Virgin Mary, Your Mother, whose most holy soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, Jesus Christ, Savior of the world, Who with the Father and the Holy Spirit lives and reigns, world without end. Amen.