

# May 2022

***Simon, son of John, do you love Me? Lord, You know everything.  
You know that I love You. Feed my lambs. Tend and feed my sheep. (John 21: 1-19)  
My sheep hear my voice; I know them, and they follow me.  
My Father has given them to me. The Father and I are one. (John 10: 27-30)  
As I have loved you, so you should love one another.  
This is how all will know that you are my disciples. (John 13: 31-33)  
Peace I leave with you. My peace I give to you. Not as the world gives do I give it you.  
Do not let your hearts be troubled. (John 14: 23-29)  
He led them out as far as Bethany, raised his hands, and blessed them. (Luke 24: 46-53)  
Father, I pray not only for them, but also for those who will believe in me through their word,  
so that they may all be one, as you Father, are in Me and I in you, they also may be one in us.  
(John 17: 20-26)***

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My most pure Mother, my soul so poor, all stained with wretchedness and sin, cries out to your maternal heart. In your goodness deign, I beseech you, to pour out on me at least a little of the grace that flowed into you with such infinite profusion from the Heart of God. Strengthened and supported by this grace, may I succeed in better loving and serving Almighty God Who filled your heart completely, and Who created the temple of your body from the moment of your Immaculate Conception. (Prayer of Padre Pio to Mary Immaculate)

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- 1  
Reflect upon and keep before your mental gaze the great humility of the Mother of God, our Mother.
- 2  
Holy Father, Give us this day our daily bread. Father give us Jesus always during our brief stay in this land of exile.
- 3  
The more was filled with heavenly gifts, the more deeply did she humble herself.
- 4  
Give (Jesus) to us, and grant that we may be increasingly worthy to welcome Him into our hearts.
- 5  
(So deeply did she humble herself) that Mary was able to say, when overshadowed by the holy Spirit who made her the Mother of God's Son, Here I am, the servant of the Lord.
- 6  
Give (Jesus) to us and we shall be sure to fulfill the request that Jesus Himself addressed to You on our behalf: You will be done on earth as it is in heaven.
- 7

As gifts increase in you, let your humility grow, for you must consider that everything is given to you on loan.

8

May Mary be the star which shines on your path.

9

I exhort you to be truthful.

10

A soul who trusts in the Lord and places all its hopes in Him has nothing to fear.

11

The enemies of your salvation are always around to snatch from your heart the anchor of trust in God our Father, which is to lead you to salvation.

12

Keep a very firm hold on this anchor (of hope and trust in the Lord) and do not relinquish it for a moment. Otherwise all will be lost.

13

May Mary be like an anchor to which you must be more closely attached in the time of trial.

14

Drive away what the enemy is whispering loudly in your ear when he wants you to believe you are almost on the point of being lost.

15

Despise these evil insinuations and live in peace, for the Lord is with you, as never before, in your tribulations.

16

Be convinced that your soul will never be satisfied here below. In fact, it would be disastrous if you were to feel satisfied, for it would mean that you thought you had reached your goal. You would be deceived.

17

Don't be bewildered. Don't be frightened. Look above, elevating yourself above yourself, and you will see a light that participates in the light of the eternal sun.

18

A lively faith, blind belief, and complete adherence to the authorities appointed by God over you, this is the light that illuminated the steps of the people of God in the desert, the light that led the Magi and the light that also illuminates your soul.

19

Believe that the light shines in your soul, Jesus, Sun of justice, is with you, loves you, and will always love you, given that you consent to His working freely within you.

20

Stay in the boat in which our Lord has placed you and let the storms come. You will not perish.

21

It appears to you that Jesus is sleeping, but let it be so. Don't you know that if He sleeps, His Heart vigilantly watches over you?

22

Jesus will awaken to restore your calm (Jesus will say to you as He said to St. Peter), You of little faith, why did you doubt?

23

Fear is an evil worse than evil itself.

24

What do you fear? Isn't He watching over you?

25

If fear takes you by surprise, cry out, Oh, Lord, save me! He will stretch out His hand to you; hold onto it tightly, and joyfully walk on the stormy sea of life.

26

To succeed better in prayer, remember that graces and enjoyment of prayer are not waters of this earth, but of heaven, and therefore all your efforts are not enough to let them fall. Be diligent in praying, but at the same time humble and tranquil.

27

Keep your heart open to heaven and await the heavenly roar from there. Through this you will move closer to God...

28

Wait for God to speak to you.

29

May Jesus be blessed forever. May you exult and triumph, because there are other people, too, who know of His goodness and infinite perfection.

30

Spend your life giving thanks. And given that He loves to delight in you, let nothing in the world distract you from delighting in Him as you contemplate His grandeur and infinite titles.

31

Pray to Him that He be generous with His divine help so that you, too, can say in truth with our heavenly Mother, *My soul magnifies the Lord and my spirit rejoices in God my Savior.*

## Month of Mary

**Memorare (adapted):** Remember, O most compassionate Virgin Mary, that never was it known, that anyone who fled to your protection, implored your assistance, or sought your intercession, was left unaided. Inspired with this confidence, I fly to you, O virgin of virgins, my mother, to you I come, before you I kneel, sinful and sorrowful. Mother of the Word Incarnate (Assist me, that I may open my heart to God's Word, and, like you, open my life to Christ, that I may live with, in and for Jesus, as you did.) Despise not my request, but in your clemency, hear and answer me. Amen.

### Gospel selections referring to Mary

***(Select a passage each day and read it all or part of it, reflect on how it refers to Mary and to you. Then pray a pray from your heart to live the message that Mary's example offers in that Scripture passage.)***

Matthew 1: 1-17 (Genealogy of Jesus)  
Matthew 1: 18-23 (Birth of Jesus the Messiah)  
Matthew 2: 1-12 (Visit of the Wise Men)  
Matthew 2: 13-23 (Flight into Egypt / Innocents)  
Matthew 12: 46-50 (Family of Jesus Father's Will)  
Matthew 13: 54-58 (Mary known at Nazareth)  
Mark 3: 31-35 (Who does Father's Will is family)  
Mark 6: 1-6 (Jesus known as Mary's Son)  
Luke 1: 26-38 (Annunciation of Angel to Mary)  
Luke 1: 39-56 (Visit of Mary to Elizabeth)  
Luke 2: 1-14 (Mary gives birth to Jesus)  
Luke 2: 15-19 (Shepherds visit / Mary ponders)  
Luke 2: 27-35 (Simeon+Anna praise Infant Jesus)  
Luke 2: 41-52 (Jesus lost and found in Temple)  
Luke 8: 19-21 (Brethren of Jesus do Father's Will)  
John 2: 1-11 (Wedding at Cana in Galilee)  
John 19: 25-27 (Mary at the Cross)  
Acts 1: 12-14 (Mary and the Church at Prayer)  
Revelation 12: 1-6 (Great Sign in the Heavens)

### **Litany of Our Lady adapted**

At the sign (\*) the response will be: pray for us (\*)

Holy Mary, \*  
Mother of God, Virgin of virgins, Mother of Christ, Mother of divine grace, \*  
Mother most pure, chaste, undefiled, amiable, admirable, \*  
Mother of good counsel, of our Creator, of our Savior, \* of the Church, \*  
Mother of mercy, of hope, Comfort of migrants, \*  
Virgin most prudent, venerable, renowned, powerful, merciful, faithful, \*  
Mirror of justice, Seat of wisdom, Cause of our joy, \*  
Spiritual vessel, Vessel of honor, Singular vessel of devotion, \*  
Mystical rose, Tower of David, Tower of ivory, House of gold, Ark of the Covenant, Gate of Heaven, \*  
Morning Star, Health of the Sick, Refuge of sinners, Comforter of the afflicted, Help of Christians, \*  
Queen of Angels, Patriarchs, Prophets, \*  
Queen of Apostles, Martyrs, Confessors, Virgins, \*  
Queen of all Saints, conceived without original sin, of the most holy Rosary, of the family, of Peace, \*

**Thanksgiving to God for the gift of Mary:** Father, all-powerful and ever-living God, we do well always and everywhere to give you thanks; we especially praise you and proclaim your glory for the gift you gave us in the Blessed Virgin Mary. She received your Word in the purity of her heart, and, conceiving in her virgin womb, gave birth to our Savior and so nurtured the Church

at its beginning. She accepted God's parting gift of love as she stood at the foot of the cross and so became the mother of all those who were brought to life through the death of her only Son. She joined her prayers with those of the apostles, as together they awaited the coming of your Spirit, and so became the perfect pattern of the church at prayer. Raised to the glory of heaven, she cares for the pilgrim Church with a mother's love, following its progress homeward until the day of the Lord dawns in splendor. And so we thank you eternal and ever-living Father, Son, and Holy Spirit for Mary our Mother, through whose almighty intercession we find our way more easily to you, who live forever. Amen.

**To Padre Pio for Childlike Trust in Mary's Intercession:** Padre Pio of Pietrelcina, pray for me, that with your childlike confidence in Our Lady, I can say with you: thank you, Mary, my Mother, for the many graces I obtain through your almighty intercession. Pray for me, o Holy Mother, that I always have strength sufficient to accept whatever burdens I am asked to bear each day. May I bear them hopefully with a joyful heart, knowing that you, Mother, are with me, encouraging and leading me ever closer to Jesus Your Son, in Whose Name I pray, and Who lives with the Father and the Holy Spirit forever. Amen.