## February 2022

Do not be afraid, from now on you will be catching men. (Luke 5: 1-5) Blessed are you when people hate you on account of the Son of Man. Rejoice and leap for joy on that day! For your reward will be great in heaven. (Luke 6: 17-26) The measure with which you measure will be measured back to you (John 6: 27-38) A good person out of the store of goodness in his heart produces good. From the fullness of the heart the mouth speaks. (Luke 6: 39-45)

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O Lord, you have told us to knock and the door would be opened to us. You yourself are the doorway into everlasting joy. Open your way before us as we set out on this day's journey and guide us to our journey's end, that when evening comes, we may enter the courts of your presence rejoicing,

who live and reign forever and ever. Amen.

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1 Pray fervently. 2 Jesus help us and give us strength, courage and resignation. As long as our most sweet God reigns within you, have no fear. May your home be entirely full of sweetness, peace, agreement, humility and piety Continue to persevere (to serve God) because the crown awaits those who persevere. 6 Peace of heart cannot be found except in the grace and the cross of Jesus Christ! 7 Let your hearts rejoice in the true hope of one day enjoying eternity. 8 May Jesus always be the center of your soul. 9 Make a great effort to become holy. 10 It is his (Christ Child's) zeal for souls, so humble, so sweet and lovable that captures the hearts that pause to ponder Him.

11

Live joyfully and courageously.

12

Don't extinguish the spirit of the Lord within you.

#### 13

Live for Him Who died for us

#### 14

Try to keep peace in your heart through a balance of moods.

## 15

Guard against finding a reason to upset yourself.

## 16

Religion is the academy of perfection in which each soul must learn to allow itself to be handled, planed, and smoothed by the Spirit.

## 17

The evident sign of perfection is that of being submissive to the divine will.

## 18

Be free to move away from danger, but always closer to God.

## 19

Jesus loves you.

## 20

Don't think of what you are unable to do but rather think of what you can do and do it well.

## 21

Clothe yourself in our Lord, Jesus Christ Crucified

#### 22

Live happily and at peace.

#### 23

I recommend calm and resignation to the divine will. All will work out for the glory of God and your salvation.

#### 24

I take comfort in the fact that everything is directly willed by God

25

Make acts of uniting (your) heart to God, of mortifying self-love.

## 26

Take heart, it is Jesus who permits your soul (to be tested).

#### 27

The Lord (permits that) you (pass) amidst the thorns (so that) you can be similar to Him **28** 

As long as your heart is faithful, He will not give you more than you can bear.

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# Paraphrase of the Our Father composed by St. Francis of Assisi

*Our Father* most holy: Our Creator, Redeemer, Consoler, and Savior:

*Who are in heaven*: In the angels and the saints, enlightening them to know, for You, Lord, are light; inflaming them to love, for You, Lord, are love; dwelling in them and filling them with happiness, for You, Lord, are Supreme Good, the eternal Good, from Whom all good comes without Whom there is no good.

*Holy be Your Name*: May knowledge of You become clearer in us that we may know the breadth of Your blessings, the length of Your promises, the height of Your majesty, the depth of Your judgments.

*Your kingdom come*: That You may rule in us through Your grace and enable us to come to Your kingdom where there is clearer vision of You, perfect love of You, blessed companionship with You, eternal enjoyment of You.

Your will be done on earth as in heaven: That we may love You with our whole heart by always thinking of You, with our whole soul by always desiring You, with our whole mind by always directing all our intentions to You, and by seeking Your glory in everything, with all our whole strength by exerting all our energies and affections of body and soul in the service of our love and of nothing else; and we may love our neighbor as ourselves by drawing them all to Your love with our whole strength, by rejoicing in the good of others as in our own, by suffering with others at their misfortunes, and by giving offense to no one.

*Give us this day*: in remembrance, understanding, and reverence of that love which our Lord Jesus Christ had for us and of those things that He said and did and suffered for us.

*Our daily Bread*: Your own beloved Son, our Lord Jesus Christ.

*Forgive us our trespasses*: through Your ineffable mercy through the power of the passion of Your beloved Son and through the merits and intercession of the ever blessed Virgin and all Your elect.

As we forgive those who trespass against us: And what we do not completely forgive, make us, Lord, forgive completely that we may truly love our enemies because of You and we may fervently intercede for them before You, returning no evil for evil and we may strive to help everyone in You.

And lead us not into temptation: hidden or obvious, sudden or persistent.

But deliver us from evil: past, present, and to come

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#### Prayer to our Heavenly Mother

Hail, O Lady, holy Queen, Mary, holy Mother of God, who are the virgin made Church, chosen by the most Holy Father in heaven whom He consecrated with His most holy beloved Son and with the Holy Spirit the Paraclete, in whom there was and is all fullness of grace and every good.

Hail, His Palace! Hail, His Tabernacle! Hail, His Dwelling! Hail, His Robe! Hail, His Handmaid! Hail, His Mother! ...

#### Prayer Entrusting Ourselves to God

Blessed are You, Lord, our God! You are God alone. To you, Almighty Father, Creator of the Universe and all Humanity, through Christ, the Living One, Lord of time and history, in the Spirit who makes all things holy, be praise and honor and glory. I place my life in Your hands. Never let me be parted from you; do with me as You please... Your will be done for ever. Amen.

#### Prayer to St. Pio of Pietrelcina and God's Will

Padre Pio of Pietrelcina, loving spiritual father and guide of souls, pray that we may seek always and only to live the Will of the Father. Like Jesus, may we always say: *Father, Your will, not mine, be done*. Pray for us that we, your Spiritual Children, like you, may abandon ourselves to the love of the Father, *Whose love is everlasting,* and in that eternal Love, find the fullness of Life. Present our prayer to the Father, Son, and Holy Spirit, one God, Who lives and reigns forever and ever. Amen.