

February 2020

***My eyes have seen your salvation ... a light of revelation to the Gentiles
and glory for your people Israel. (Luke 2, 2-40)***

You are the salt of the earth. You are the light of the world. (Matthew 5: 13-16)

***Let your "Yes" mean "Yes", and your "No" mean "No". Anything more is from the evil one. (Matthew
5: 17-37)***

***I say to you, love your enemies and pray for those who persecute you,
that you may be children of your heavenly Father. (Matthew 5: 38-48)***

***Take care not to perform righteous deeds in order that people may see them.
And your Father who sees what is hidden will repay you. (Matthew 6: 1-6, 16-18)***

***O gentle Jesus, my love, my medicine, and my healer, my sustenance and the protector of my soul, my
Creator and Redeemer ... my joy and my glory, and all my riches: lying at your holy feet and with most
awe-filled fear and trembling, I plead to be illuminated and inflamed with your Holy Spirit.***

1

May Jesus be with you always.

2

Pray and get others to pray.

3

May the divine Spirit triumph in your heart.

4

May the grace of the divine Spirit give you more courage to face calmly and cheer-fully the war waged
by your enemies.

5

My assiduous prayers and fervent wishes for you have no other purpose than to see you holy.

6

(Be) resigned and give thanks to (Jesus) constantly.

7

What else can we desire than God's will?

8

What other wish can a soul have when it is consecrated to Him?

9

What else do you desire if not that God's plan may be fulfilled in you?

10

Take courage and go forward on the path of divine love.

11

The more fully your will becomes united and conformed to God's will the more you will advance
towards perfection.

12

Here on earth we are always on a battlefield.

13

(Earth) is a testing ground and the prize will be awarded up above.

14

Our true home is heaven to which we must continually aspire.

15

Let us live with a lively faith, a firm hope, and an ardent love, with eyes fixed on heaven.

16

The keenest desire, as long as we are travelers, (is) to dwell one day in heaven, whenever this is pleasing to God.

17

Let us keep our thoughts continually fixed on heaven ... of which this earth is merely an image.

18

Let us be cheerful and calm in all circumstances whether happy or sad.

19

May the motives of faith and the comfort of Christian hope offer you continual support.

20

The Father will alleviate your trial(s) with the balm of His goodness and mercy.

21

Have recourse by insistent humble prayer to the goodness and mercy of the heavenly Father in the firm hope we shall be heard.

22

(Be) serene in our faith and tranquil in soul and continue to pray.

23

Intense and fervent prayer pierces the heavens and is backed up by a divine guarantee.

24

Let us pray that peace may be restored to all the countries that are at war.

25

Let us pray for the souls engaged in spiritual warfare.

26

May the grace of the divine Spirit always fill your soul and console you in times of tribulation and trials.

27

May Jesus' Mother and ours continue to obtain for you the necessary strength to fight and win all the battles.

28

May your good angel remain watchful by your side, may he protect you and support you.

29

Don't let your fervent prayers be lacking before God's throne.

Praying the Month dedicated to the Hidden Life of Jesus

(The following Meditative Prayer is Inspired by the Our Father and composed by Saint Francis of Assisi)

Our Father most holy: Our Creator, Redeemer, Consoler, and Savior:

Who art in heaven: In the angels and the saints, enlightening them to know, for You, Lord, are light; inflaming them to love, for You, Lord, are love; dwelling in them and filling them with happiness, for You, Lord, are Supreme Good, ... from Whom all good comes without Whom there is no good.

Holy be Your Name: May knowledge of You become clearer in us that we may know the breadth of Your blessings, the length of Your promises, the height of Your majesty, the depth of Your judgments.

Your kingdom come: That You may rule in us through Your grace and enable us to come to You...

Your will be done on earth as in heaven: That we may love You with our whole heart by always thinking of You, with our whole soul by always desiring You, with our whole mind by always directing all our intentions to You, and by seeking Your glory in everything, with all our whole strength by exerting all our energies and affections of body and soul in the service of your love and of nothing else; and we may love our neighbor as ourselves by drawing them all to Your love with our whole strength, by rejoicing in the good of others as in our own, by suffering with others at their misfortunes, and by giving offense to no one.

Give us this day: in remembrance, understanding, and reverence of that love which our Lord Jesus Christ had for us and of those things that He said and did and suffered for us.

Our daily Bread: Your own beloved Son, our Lord Jesus Christ.

Forgive us our trespasses: through Your ineffable mercy through the power of the passion of Your beloved Son and through the merits and intercession of the ever blessed Virgin and all Your elect.

As we forgive those who trespass against us: And what we do not completely forgive, make us, Lord, forgive completely that we may truly love our enemies because of You and we may fervently intercede for them before You, returning no evil for evil and we may strive to help everyone in You.

And lead us not into temptation: hidden or obvious, sudden or persistent.

But deliver us from evil: past, present, and to come. Amen.

(Prayer to Our Blessed Mother with the "Salutations" of Saint Francis of Assisi)

Hail, O Lady, holy Queen, Mary, holy Mother of God, who are the virgin made Church, chosen by the most Holy Father in heaven whom He consecrated with His most holy beloved Son and with the Holy Spirit the Paraclete, in whom there was and is all fullness of grace and every good.

Hail, His Palace! Hail, His Tabernacle! Hail, His Dwelling! Hail, His Robe! Hail, His Handmaid! Hail, His Mother! ...

(Invoke the intercession of our Father and Founder, Padre Pio of Pietrelcina)

Padre Pio, dear Spiritual Father and Guide, your words bring me strength and encouragement. Your life offers me an example of trust in God, regardless of the circumstances of my life. A true son of St. Francis of Assisi, you lived in intimate relationship with the Father as an image of His Incarnate Son, Jesus the Christ. You were endowed with the gifts of the Holy Spirit so that all would know that God was truly with you. Pray for me, your Spiritual Child, that I too may grow in my relationship with the Father so that, like you, I may be an effective witness of God's love, mercy and providence to all His children, my brothers and sisters. Be my companion on life's journey and accompany me to the Father, Son and Holy Spirit, Who lives and reigns forever and ever. Amen.

(Conclude with a Prayer Entrusting Yourself to God)

Blessed are You, Lord, our God! You are God alone. To you, Almighty Father, Creator of the Universe and all Humanity, through Christ, the Living One, Lord of time and history, in the Spirit who makes all things holy, be praise and honor and glory. I place my life in Your hands. Never let me be parted from you; do with me as You please. Your will be done for ever. Amen.