

# February 2016

*Depart from me, Lord, for I am a sinful man. Do not be afraid; from now on you will be catching men. (Luke 5:1-11)*

*Take care not to perform righteous deeds in order that people may see them. (Matthew 6: 1-18)*

*You shall worship the Lord your God, and Him alone shall you serve. (Luke 4: 1-11)*

*This is my chosen Son; listen to Him. (Luke 9: 28-36)*

If you do not repent, you will all perish ... leave it for (now) ... it may bear fruit in the future. (Luke 13:1-9)

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***We adore You, Most Holy Lord, Jesus Christ,  
in all Your Churches throughout the world,  
and we praise, because by Your holy Cross,  
You have redeemed the world.***

***Padre Pio of Pietrelcina, loving spiritual father and guide of souls,  
pray that we may seek always and only to live the Will of the Father.  
Like Jesus, may we always say: Father, Your will, not mine, be done.  
Pray for us that we, your Spiritual Children, like you,  
may abandon ourselves to the love of the Father, Whose love is everlasting,  
and in that eternal Love, find the fullness of Life.  
Present our prayer to the Father, Son, and Holy Spirit,  
one God, Who lives and reigns forever and ever. Amen.  
Amen.***

1

You should be very ready to refuse what you need rather than what is in excess of your needs. Let everything be regulated by prudence, which should be the rule in all our actions.

2

My heart feels drawn by a higher force each morning before I am united with Him in the Blessed Sacrament ... After I have received Him sacramentally, this hunger and thirst steadily increase.

3

From this battle with vainglory, also called self-righteousness, he does not spare good people, especially those who are striving for perfection.

4

In order to avoid praise by others we prefer secret and hidden fasts ... silence to eloquent speaking, we prefer to be despised ... we prefer contempt to honor.

5

St. Jerome was quite right when he compares vainglory to one's shadow ... our shadow follows us everywhere and even marks our steps.

6

I feel again the love of my God rising up like a giant in my poor heart, and I still have the confidence and strength to cry out with St. Peter: *Lord, save me, I am perishing.*

7

Tell me, is it possible that Jesus is far away when you are calling and praying and seeking him and, let us even say, when you possess him? ... Is it possible?!

8

Is it possible ... that God is not present in that soul, when he has committed himself by his infallible word to be with that soul in the time of tribulations?

9

God is faithful ... How could you persuade yourself of anything else. Isn't our good God above anything we can conceive? Isn't he more interested than we are in our salvation?

10

How many victories have you not gained over your powerful enemies and over yourself, through the divine assistance, without which you would have been inevitably crushed?

11

Let us consider Jesus' love for us and his concern for our well-being, and then let us be at peace.

12

The human spirit without the flame of divine love tends to reach the level of the beast, while, on the other hand, charity, the love of God, raises it up so high that it can reach even to the throne of God.

13

Give thanks without ever growing weary for the liberality of such a good Father, and ask him to increase holy charity more and more in your heart.

14

I ask you now to put aside your pessimistic judgment ... May the Lord continue to use mercy toward you all and grant you the grace of holy perseverance.

15

May God be the center of your heart and set it all on fire with his holy love!

16

I never cease to bless the divine mercy for the most holy love he shows toward your soul.

17

I cannot tolerate criticism and speaking ill of our brothers. It is true, sometimes I enjoy teasing them, but speaking ill of them makes me sick.

18

We have so many defects in ourselves to criticize, why pick on our brothers? And lacking in charity we damage the roots of the tree of life, with the risk of killing it.

19

He who begins to love must be willing to suffer.

20

Pray more incessantly to the most compassionate Heart of Jesus, that he may be pleased to put an end to (whatever trials may assail you).

21

Let us always keep before our eyes the fact that here on earth we are on the battlefield and that in paradise we shall receive the crown of victory.

22

We are now in a land of exile, while our true homeland is heaven, to which we must continually aspire.

23

Let us live with a lively faith, a firm hope, and an ardent love, with eyes fixed on heaven and the keenest desire, as long as we are travelers, to dwell one day in heaven whenever this is pleasing to God.

24

(The evil one) is whispering to me continually, and, what is more painful, he insinuates into my mind extremely disturbing thoughts. But praise be to Jesus! ... I maintain in the depths of my heart a peace such as I have seldom experienced.

25

I'll be certain of your constant progress in the path of holiness to which God, by his goodness alone, has called you ... if you ... take care never to quarrel with anyone, never contend with anyone whomsoever. If you act otherwise, it means good-bye to peace and charity.

26

To be inordinately attached to your own opinion is invariably a source and beginning to discord. St. Paul exhorts us to be united in the same mind.

27

I beg you, for heaven's sake, to calm your anxiety and apprehension.

28

Remain at peace, continue to go forward, and don't let your swift course be stopped when I assure you in our most tender Lord that you are already halfway to the summit of Calvary.

29

Don't pay too much attention to the path on which you are walking. Keep your eyes always fixed on he who guides you and on the heavenly homeland to which he is leading you. Does it matter whether you get there by desert or by fields, as long as God is with you, and that you finally possess a blessed eternity?

*Lent*  
*Reflecting on the Passion of Christ*

**Lord Jesus Christ**, You call us to repent and believe the Gospel. Remove the barriers that keep us from you so that

we might live fully the life we received at Baptism. You have given us Padre Pio of Pietrelcina as the living image

of the Suffering servant for our times. He bore the wounds of Your Passion, Lord Jesus Christ, and thus became a support and encouragement for us as we are called to carry our daily crosses. Through his intercession and your divine grace, may we turn to you in our need, thank you in our abundance, and share your love with the world around us. We ask this of You who live with the Father and Holy Spirit, one God, forever. Amen.

Lord Jesus, may I walk this way with you, in the spirit of Padre Pio of Pietrelcina. May each step heighten within me a realization and love for all You endured for me. In the words of St. Alphonsus Liguori: *Grant that I may love You always, then do with me as you will.*

### **Litany of the Stations of the Cross**

**I** Lord Jesus, that I may see the people in my life through your eyes, and not the eyes of a Pontius Pilate, who washed his hands of responsibility, **through Your life-giving Sacrifice, and the intercession of Padre Pio, grant me this grace.** (\*)

**II** Lord Jesus, that I may embrace the crosses of my life, so that in recognizing my weaknesses I may discover Your strengths, (\*)

**III** Lord Jesus, that I may always trust in Your loving care for me, even when I fall, (\*)

**IV** Lord Jesus, that I may see how often You love me through the people in my life, as Mary loved you, and that I may always keep our Blessed Mother Mary, who accompanies me in life's journey, in my heart, (\*)

**V** Lord Jesus, that I may see that loving others and assisting them in their need is the surest way to find and recognize You in my life, as Simon did, (\*)

**VI** Lord Jesus, that I may have a deeper and more courageous faith to be unafraid to reach out to others, as Veronica did to You, (\*)

**VII** Lord Jesus, that I may never hide behind pride, and that I may be ready and willing to begin again after my repeated falls, (\*)

**VIII** Lord Jesus, that I may show compassion to others in their sorrow or need, and place my sorrow or need second to theirs for a while, (\*)

**IX** Lord Jesus, that I may recognize how much I need You, and rely on Your strength in the many difficulties and pit-falls of life, (\*)

**X** Lord Jesus, that I may let go of those things that prevent me from growing closer to You, (\*)

**XI** Lord Jesus, that I may see Your cross as the great sign of Your love for me, as did our Spiritual Father, Padre P of Pietrelcina, (\*)

**XII** Lord Jesus, that I may see my crosses as ways of loving You and dying to myself, (\*)

**XIII** Lord Jesus, that I may learn to place my life in Your hands, and not fear seeming unimportant, useless, helpless...as You allowed Your lifeless body to be placed in the hands of Mary, (\*)

**XIV** Lord Jesus, that I may always believe in Your closeness and loving presence, especially when You seem distant from me, (\*)

### **Concluding Prayers**

**Lord Jesus**, help me to walk with You each day of my life, even to Calvary. The sorrow and joy, the pain and healing, the failures and triumphs of my life are truly small deaths and resurrections that lead me closer to You. Give me the faith and trust I need to walk with You always.

**Mary, Mother of our Redeemer** and our most Blessed Mother, be with us through life's journey. As you comforted Jesus on the road to Calvary by your silent and loving presence, as you held his lifeless body close to your Immaculate Heart, as you offered the sadness and suffering that only a mother can feel when she sees the suffering of her child, look upon me as you looked at Jesus. See His marred image in my frail nature; hold me close to your mother's heart in my moments of temptation and sin; and pray for me that I may be for God what I was created to be a - **LIVING IMAGE OF JESUS**. Amen.

**Padre Pio of Pietrelcina**, loving Father and Spiritual Guide, by a singular grace you were blessed to participate in the mystery of the Cross of our Lord Jesus Christ. Through your ministry, God revealed the marvels of His mercy to numberless souls. Pray for us, that like you, and through your loving intercession we may remain one with Christ in his Passion so as to joyfully come with you to the glory of the Resurrection. Intercede for us with the Father, Son and Holy Spirit, who is God living and reigning for ever and ever. Amen.